



August 2007 NEWSLETTER

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PRM Club Meeting Aug 21, 2007

Members Present: Joe and Char Woltner, Elaine Lancaster, Eileen Bentz, Joanne McKenny, Carrie and Jeff Dorn and guest, Victoria Chedygona.

No reading of the minutes were read due to the Secretary being absent.

Report of the President: I have received such wonderful comments regarding our Specialty. Everyone had such a grand time and hope next year will be even bigger and better. We have decided to have back to back shows next July 17th and 18th. 2008 at the same location; The Expo Center in Portland Oregon, following two days of all-breed.

Report from the Treasure: Pacific Rim Maltese Specialty: (Income: \$2,096.00), (Specialty Expenses: \$1,199.48). Checking: \$3,834.64, Savings: \$3,442.95.

New Members are: Carolyn and Steve Wood, Betty White, Pat and Wagner Fernandes. A Big welcome to you all.

First reading of Barbara Dodge was done.

New business: Jeff, Eileen and Carrie are going to go over our Constitution and By-laws as the Club feels there needs to be some clarification on some of these laws. They will bring their findings to the club for review.

Brag:

Per Eileen: Riley finished in Nisqually Dog Show with 3pt. Major and Best of Breed. Sara and Eileen put all points on by ourselves.

Nisqually Show: Per Carrie, Sir Mark a lot-6 months old with 3 point Major first time in the ring.

Jake got Best of Breed Sunday - Only showed Sunday.
Jari, Jeff and Carrie have 2 new baby girls.

The meeting closed at 8:30 p.m. The next meeting start at 6:30 p.m.
September 18th at Izzy's in Wilsonville. Oregon.

Our Sister club: California Central Valley Maltese will hold their Specialty
October the 20th. in Danville, California. Stay tuned for more info on location.
See you all next month.
Char.

THE HEALING TOUCH

For all mammals touch is clearly important to proper mental and physical development.

Anyone who has had tiny Maltese puppies knows the importance of stroking and gently handling the newborns. The thesis of touching has been the subject of many scientific studies. The Australian Department of Agriculture began a program to knead the backs of baby pigs. And no surprise: The Australians reported that the massaged piggies grew faster, 30 percent faster.

Another sampling of various studies have shown the arteries of rabbits fed a high cholesterol diet and petted regularly has 60 percent less blockage than did the arteries of unpetted rabbits.

Rats that were handled for 15 minutes a day during the first three weeks of their lives showed dramatically less brain cell deterioration and memory loss as they grew old, compared with non handled rats.

Our predominantly Anglo-Saxon culture in the matter of touching differs dramatically from the cheek kissing Italians or Spaniards. But things are changing as Americans become more aware of the potential benefits of touch. This change is particularly evident in the healing arts. Today a growing number of psychologists and

M.D.'s are handling out verbal prescriptions that read something like this: "For Maintenance of your spirit, exchange four to six hugs daily". Some are giving advice that reads: "For indigestion, insomnia or the blues: one fluffy puppy to be snuggled at meals, at bedtime or when just home from a touch day at the office".

Dr. Michael Fox a veterinarian, an animal psychologist and a certified message therapist has found this to be excellent advice. According to Dr. Fox not only can we help our pets resist disease and stress by massage we help ourselves. In Dr. Fox's book *The Healing Touch* he explains the benefits of massage go beyond having a healthier pet. Many pet owners indicate that by using Dr. Fox's massage techniques they have discovered their own healing powers. It is a feeling they might not have experienced because of a natural reluctance to massage people "Giving a massage to your pet allows you to experience something that therapists who massage humans have known for centuries - that locked up inside ourselves is a powerful ability to heal others with our hands.